

**Table 10 Regional Year-on-Year Inflation Rates of Selected Food Items, October and September 2011 and 2010**  
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2011		2010		Inflation Rates(%)		2011		2010		Inflation Rates(%)	
	Oct	Sep	Oct	Sep	Current	Previous	Oct	Sep	Oct	Sep	Current	Previous
<b>Philippines</b>	<b>178.2</b>	<b>178.7r</b>	<b>173.0</b>	<b>173.9</b>	<b>3.0</b>	<b>2.8r</b>	<b>176.8</b>	<b>177.3r</b>	<b>173.2</b>	<b>174.1</b>	<b>2.1</b>	<b>1.8</b>
National Capital Region (NCR)	157.8	158.0	158.7	158.7	-0.6	-0.4	157.7	157.9	158.7	158.7	-0.6	-0.5
Areas Outside NCR	181.1	181.6r	175.0	176.0	3.5	3.2r	179.8	180.3r	175.5	176.5	2.5	2.2r
CAR - Cordillera Administrative Region	179.8	179.6	176.1	176.9	2.1	1.5	180.2	180.0	176.5	177.3	2.1	1.5
I - Ilocos	181.1	181.6	175.4	175.9	3.2	3.2	181.4	181.9	175.7	176.2	3.2	3.2
II - Cagayan Valley	191.7	191.5	182.4	182.6	5.1	4.9	192.2	192.0	183.6	184.2	4.7	4.2
III - Central Luzon	168.4	167.9	166.3	166.9	1.3	0.6	167.9	167.4	165.7	166.3	1.3	0.7
IV-a - Calabarzon	168.7	168.6	166.3	166.7	1.4	1.1	168.8	168.7	166.4	166.8	1.4	1.1
IV-b - Mimaropa	182.6	183.0	180.7	181.8	1.1	0.7	182.3	182.7	180.5	181.6	1.0	0.6
V - Bicol	174.5	174.5	170.3	170.9	2.5	2.1	175.2	175.2	172.1	172.8	1.8	1.4
VI - Western Visayas	175.9	176.8r	171.7	172.8	2.4	2.3r	176.7	177.7r	172.6	173.7	2.4	2.3r
VII - Central Visayas	184.7	184.6	182.1	182.2	1.4	1.3	182.8	182.3	181.7	181.5	0.6	0.4
VIII - Eastern Visayas	198.1	198.7	196.0	195.5	1.1	1.6	200.3	200.9	198.2	197.7	1.1	1.6
IX - Zamboanga Peninsula	172.6	173.9	168.4	169.8	2.5	2.4	172.5	173.0	171.4	172.7	0.6	0.2
X - Northern Mindanao	193.6	193.9	172.2	173.4	12.4	11.8	179.8	180.3	173.7	174.0	3.5	3.6
XI - Davao	192.9	193.9	175.7	176.9	9.8	9.6	188.4	189.9	178.1	179.4	5.8	5.9
XII - SOCCSKSARGEN	184.9	186.7	173.0	178.1	6.9	4.8	182.3	184.4	172.9	178.4	5.4	3.4
XIII - Caraga	191.7	192.3	181.1	180.9	5.9	6.3	190.4	190.9	182.5	182.4	4.3	4.7
ARMM - Autonomous Region in Muslim Mindanao	201.4	205.4	193.9	198.4	3.9	3.5	199.6	203.9	192.7	197.3	3.6	3.3

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2011		2010		Inflation Rates(%)		2011		2010		Inflation Rates(%)	
	Oct	Sep	Oct	Sep	Current	Previous	Oct	Sep	Oct	Sep	Current	Previous
<b>Philippines</b>	<b>192.9</b>	<b>193.0</b>	<b>169.9</b>	<b>170.8</b>	<b>13.5</b>	<b>13.0</b>	<b>199.7</b>	<b>199.6</b>	<b>189.2</b>	<b>188.9</b>	<b>5.5</b>	<b>5.7</b>
National Capital Region (NCR)	163.3	162.9	160.2	160.2	1.9	1.7	209.4	209.1	201.8	201.7	3.8	3.7
Areas Outside NCR	193.4	193.5	170.1	171.0	13.7	13.2	196.3	196.3	184.8	184.4	6.2	6.5
CAR - Cordillera Administrative Region	152.0	151.8	147.6	148.0	3.0	2.6	167.1	166.8	162.4	162.4	2.9	2.7
I - Ilocos	157.8	156.5	152.7	152.7	3.3	2.5	227.8	227.5	224.0	223.9	1.7	1.6
II - Cagayan Valley	180.3	179.7	156.2	147.7	15.4	21.7	171.9	171.9	161.6	161.6	6.4	6.4
III - Central Luzon	207.6	202.2	209.8	209.5	-1.0	-3.5	188.0	187.7	177.8	177.5	5.7	5.7
IV-a - Calabarzon	162.9	162.2	154.8	154.2	5.2	5.2	195.8	195.4	184.2	183.7	6.3	6.4
IV-b - Mimaropa	217.5	215.6	206.4	202.2	5.4	6.6	177.8	177.0	171.3	171.2	3.8	3.4
V - Bicol	167.3	167.3	150.7	150.6	11.0	11.1	188.5	187.9	177.5	176.9	6.2	6.2
VI - Western Visayas	161.9	160.6	154.6	156.1	4.7	2.9	179.8	179.4	163.1	162.9	10.2	10.1
VII - Central Visayas	188.6	189.4	183.0	183.5	3.1	3.2	216.5	216.2	193.1	191.4	12.1	13.0
VIII - Eastern Visayas	157.5	157.1	155.0	154.4	1.6	1.7	228.4	228.3	208.8	208.7	9.4	9.4
IX - Zamboanga Peninsula	172.9	175.9	161.5	163.2	7.1	7.8	214.0	214.0	204.1	203.7	4.9	5.1
X - Northern Mindanao	227.1	226.8	168.5	171.9	34.8	31.9	184.5	184.5	176.6	176.3	4.5	4.7
XI - Davao	208.7	208.0	167.2	167.9	24.8	23.9	215.4	215.0	204.4	204.2	5.4	5.3
XII - SOCCSKSARGEN	209.0	208.5	173.8	175.5	20.3	18.8	193.5	193.5	183.2	183.1	5.6	5.7
XIII - Caraga	203.9	205.1	168.5	166.7	21.0	23.0	188.8	188.5	180.4	181.0	4.7	4.1
ARMM - Autonomous Region in Muslim Mindanao	285.7	274.4	249.3	250.7	14.6	9.5	208.5	217.6	204.4	203.6	2.0	6.9

Table 10 (continued)

Area and Region	Dairy Products						E g g s					
	2011		2010		Inflation Rates(%)		2011		2010		Inflation Rates(%)	
	Oct	Sep	Oct	Sep	Current	Previous	Oct	Sep	Oct	Sep	Current	Previous
<b>Philippines</b>	<b>201.0</b>	<b>200.8</b>	<b>195.9</b>	<b>195.7</b>	<b>2.6</b>	<b>2.6</b>	<b>162.4</b>	<b>161.6</b>	<b>158.6</b>	<b>159.0</b>	<b>2.4</b>	<b>1.6</b>
National Capital Region (NCR)	198.2	197.8	191.4	191.2	3.6	3.5	156.9	156.2	157.1	158.2	-0.1	-1.3
Areas Outside NCR	202.2	202.0	197.7	197.5	2.3	2.3	164.1	163.2	159.0	159.2	3.2	2.5
CAR - Cordillera Administrative Region	217.3	217.3	215.4	215.4	0.9	0.9	142.0	141.8	140.9	140.8	0.8	0.7
I - Ilocos	218.6	218.4	216.7	216.7	0.9	0.8	156.1	156.0	153.1	153.5	2.0	1.6
II - Cagayan Valley	192.2	192.2	189.1	189.1	1.6	1.6	163.9	164.2	157.2	157.9	4.3	4.0
III - Central Luzon	217.0	217.1	211.5	211.2	2.6	2.8	147.4	145.8	145.3	146.0	1.4	-0.1
IV-a - Calabarzon	208.4	208.1	202.7	202.2	2.8	2.9	152.1	149.9	147.8	147.7	2.9	1.5
IV-b - Mimaropa	202.2	202.2	198.4	198.4	1.9	1.9	160.2	160.7	155.5	155.4	3.0	3.4
V - Bicol	193.9	193.3	189.6	189.6	2.3	2.0	165.1	164.7	156.9	156.5	5.2	5.2
VI - Western Visayas	181.0	181.0	177.0	177.0	2.3	2.3	173.2	173.7	169.1	170.6	2.4	1.8
VII - Central Visayas	189.9	189.9	187.4	187.3	1.3	1.4	161.9	163.2	157.8	157.8	2.6	3.4
VIII - Eastern Visayas	188.1	188.0	184.0	184.0	2.2	2.2	173.6	173.1	171.1	168.6	1.5	2.7
IX - Zamboanga Peninsula	218.5	218.4	217.3	217.2	0.6	0.6	207.9	208.0	198.9	198.8	4.5	4.6
X - Northern Mindanao	202.7	202.4	196.9	196.7	2.9	2.9	194.1	193.9	180.9	183.0	7.3	6.0
XI - Davao	193.2	192.9	186.3	186.3	3.7	3.5	185.7	185.7	182.3	181.0	1.9	2.6
XII - SOCCSKSARGEN	187.8	187.6	184.3	184.1	1.9	1.9	165.2	164.1	156.8	156.8	5.4	4.7
XIII - Caraga	196.2	195.9	189.6	189.2	3.5	3.5	172.1	171.8	163.5	163.6	5.3	5.0
ARMM - Autonomous Region in Muslim Mindanao	211.5	205.8	200.5	200.0	5.5	2.9	210.1	204.7	198.7	197.6	5.7	3.6

Table 10 (continued)

Area and Region	F i s h						Fruits and Vegetables					
	2011		2010		Inflation Rates(%)		2011		2010		Inflation Rates(%)	
	Oct	Sep	Oct	Sep	Current	Previous	Oct	Sep	Oct	Sep	Current	Previous
<b>Philippines</b>	<b>177.4</b>	<b>175.5</b>	<b>163.7</b>	<b>163.4</b>	<b>8.4</b>	<b>7.4</b>	<b>181.4</b>	<b>168.2</b>	<b>154.9</b>	<b>155.4</b>	<b>17.1</b>	<b>8.2</b>
National Capital Region (NCR)	145.7	144.3	136.8	135.3	6.5	6.7	163.1	138.2	131.0	126.0	24.5	9.7
Areas Outside NCR	185.5	183.4	170.5	170.6	8.8	7.5	187.9	178.9	163.5	166.0	14.9	7.8
CAR - Cordillera Administrative Region	152.7	151.9	146.6	146.1	4.2	4.0	196.4	179.6	163.0	163.3	20.5	10.0
I - Ilocos	164.3	161.8	153.2	152.9	7.2	5.8	164.9	155.7	133.0	136.6	24.0	14.0
II - Cagayan Valley	178.9	178.7	168.1	167.3	6.4	6.8	197.0	172.2	154.9	157.7	27.2	9.2
III - Central Luzon	160.1	157.9	145.7	147.5	9.9	7.1	189.3	166.2	145.8	150.4	29.8	10.5
IV-a - Calabarzon	186.8	185.1	174.6	174.4	7.0	6.1	166.0	155.1	142.3	147.2	16.7	5.4
IV-b - Mimaropa	170.7	167.7	157.7	158.6	8.2	5.7	169.6	164.3	148.5	147.4	14.2	11.5
V - Bicol	177.5	175.8	164.6	162.9	7.8	7.9	167.7	163.9	153.6	153.8	9.2	6.6
VI - Western Visayas	186.5	184.2	170.7	171.9	9.3	7.2	186.7	182.8	173.6	175.7	7.5	4.0
VII - Central Visayas	193.1	193.5	184.6	184.5	4.6	4.9	223.2	222.4	210.5	210.8	6.0	5.5
VIII - Eastern Visayas	189.1	186.9	171.9	172.2	10.0	8.5	193.9	190.1	173.7	174.2	11.6	9.1
IX - Zamboanga Peninsula	182.4	182.5	162.6	161.6	12.2	12.9	193.4	191.9	181.9	184.6	6.3	4.0
X - Northern Mindanao	203.9	202.2	185.9	187.0	9.7	8.1	205.9	204.1	180.8	183.1	13.9	11.5
XI - Davao	200.1	199.3	186.8	187.1	7.1	6.5	200.5	203.7	182.2	183.1	10.0	11.3
XII - SOCCSKSARGEN	186.8	188.4	176.6	176.2	5.8	6.9	188.5	188.0	171.8	174.1	9.7	8.0
XIII - Caraga	222.7	222.7	197.9	198.4	12.5	12.2	204.5	208.4	181.7	183.3	12.5	13.7
ARMM - Autonomous Region in Muslim Mindanao	262.8	238.7	204.1	203.6	28.8	17.2	240.9	223.9	226.9	226.6	6.2	-1.2

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2011		2010		Inflation Rates(%)		2011		2010		Inflation Rates(%)	
	Oct	Sep	Oct	Sep	Current	Previous	Oct	Sep	Oct	Sep	Current	Previous
<b>Philippines</b>	<b>164.0</b>	<b>164.1</b>	<b>160.2</b>	<b>160.8</b>	<b>2.4</b>	<b>2.1</b>	<b>168.6</b>	<b>168.5r</b>	<b>165.1</b>	<b>165.0</b>	<b>2.1</b>	<b>2.1</b>
National Capital Region (NCR)	158.5	158.9	154.7	155.2	2.5	2.4	162.0	162.1	155.8	155.7	4.0	4.1
Areas Outside NCR	166.4	166.3	162.6	163.3	2.3	1.8	171.6	171.4r	169.3	169.1	1.4	1.4
CAR - Cordillera Administrative Region	158.3	158.1	156.8	157.2	1.0	0.6	161.9	161.3	160.0	159.3	1.2	1.3
I - Ilocos	171.4	171.2	169.6	169.7	1.1	0.9	164.1	164.4	165.8	165.9	-1.0	-0.9
II - Cagayan Valley	164.4	164.3	163.4	163.9	0.6	0.2	185.1	186.1r	182.7	182.1	1.3	2.2
III - Central Luzon	167.0	165.7	160.3	161.1	4.2	2.9	172.1	172.4	167.9	168.2	2.5	2.5
IV-a - Calabarzon	160.1	160.6	156.8	158.5	2.1	1.3	157.1	157.1	153.7	153.5	2.2	2.3
IV-b - Mimaropa	174.1	174.0	170.2	170.7	2.3	1.9	166.4	166.2	172.2	170.8	-3.4	-2.7
V - Bicol	166.0	165.9	166.5	166.9	-0.3	-0.6	183.1	184.4	184.9	184.6	-1.0	-0.1
VI - Western Visayas	157.0	157.0	152.3	152.3	3.1	3.1	172.4	172.0	168.1	168.0	2.6	2.4
VII - Central Visayas	163.8	163.9	162.1	162.1	1.0	1.1	179.3	179.5	180.5	178.7	-0.7	0.4
VIII - Eastern Visayas	165.1	165.2	163.5	163.5	1.0	1.0	173.4	174.5	174.7	174.8	-0.7	-0.2
IX - Zamboanga Peninsula	176.3	176.6	167.0	167.7	5.6	5.3	179.4	180.5	181.2	181.5	-1.0	-0.6
X - Northern Mindanao	176.1	176.6	170.6	170.5	3.2	3.6	185.2	183.9	174.7	175.2	6.0	5.0
XI - Davao	173.2	173.1	167.6	168.8	3.3	2.5	186.3	186.8	184.8	184.8	0.8	1.1
XII - SOCCSKSARGEN	181.9	182.5	177.3	177.6	2.6	2.8	176.0	175.8	179.2	178.3	-1.8	-1.4
XIII - Caraga	181.4	181.6	179.6	177.7	1.0	2.2	187.5	187.0	187.2	188.2	0.2	-0.6
ARMM - Autonomous Region in Muslim Mindanao	200.5	210.6	204.8	203.1	-2.1	3.7	219.5	205.5	203.6	203.6	7.8	0.9

Table 10 (concluded)

Area and Region	Meals Eaten Outside					
	2011		2010		Inflation Rates(%)	
	Oct	Sep	Oct	Sep	Current	Previous
<b>Philippines</b>	<b>155.6</b>	<b>155.5</b>	<b>150.7</b>	<b>150.7</b>	<b>3.3</b>	<b>3.2</b>
National Capital Region (NCR)	151.8	151.8	145.6	145.6	4.3	4.3
Areas Outside NCR	157.8	157.7	153.8	153.8	2.6	2.5
CAR - Cordillera Administrative Region	128.7	128.5	127.1	127.1	1.3	1.1
I - Ilocos	145.2	145.0	144.7	144.7	0.3	0.2
II - Cagayan Valley	210.3	210.3	198.8	198.8	5.8	5.8
III - Central Luzon	155.4	155.4	149.0	149.0	4.3	4.3
IV-a - Calabarzon	151.4	151.2	148.1	148.1	2.2	2.1
IV-b - Mimaropa	151.0	151.0	148.9	148.9	1.4	1.4
V - Bicol	176.4	176.4	173.2	173.0	1.8	2.0
VI - Western Visayas	152.1	151.8	149.0	148.8	2.1	2.0
VII - Central Visayas	174.2	174.2	173.5	173.5	0.4	0.4
VIII - Eastern Visayas	161.2	161.2	161.0	161.0	0.1	0.1
IX - Zamboanga Peninsula	151.9	151.4	151.4	151.4	0.3	0.0
X - Northern Mindanao	166.1	166.1	150.6	150.5	10.3	10.4
XI - Davao	152.1	152.1	149.9	149.9	1.5	1.5
XII - SOCCSKSARGEN	163.6	162.5	158.7	158.7	3.1	2.4
XIII - Caraga	196.9	194.5	183.4	183.4	7.4	6.1
ARMM - Autonomous Region in Muslim Mindanao	221.6	221.5	214.5	214.5	3.3	3.3

Source: Economic Indices and Indicators Division  
Industry and Trade Statistics Department  
National Statistics Office  
Republic of the Philippines