

PRESS RELEASE

The Daily Per Capita Food Supply of Calories was Recorded at 2,914.3 Kilocalories in 2022

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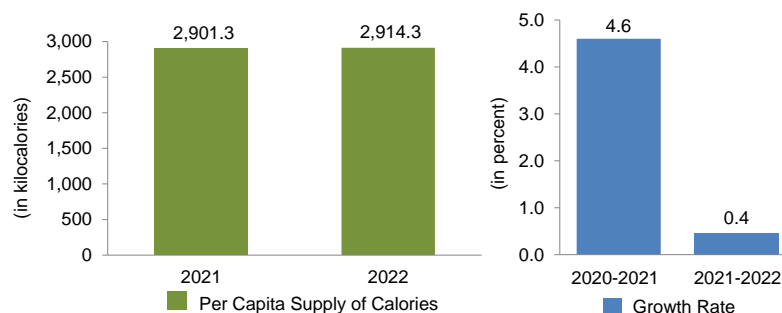
Reference No. 2023-223

The Food Balance Sheet (FBS) presents a comprehensive picture of the pattern of a country's food supply during a specified reference period. It provides estimates of per capita food available for human consumption in terms of quantity, calories, proteins, and fats.

Calories

In 2022, the daily per capita supply of calories from the aggregated food products was recorded at 2,914.3 kilocalories or 0.4 percent higher than the last year's level. Cereals and products (excluding beer), which accounted for 63.4 percent of the total per capita supply of calories, was estimated at 1,846.8 kilocalories. (Figure 1, and Tables 1 and 2)

Figure 1. Daily Per Capita Supply of Calories, Philippines

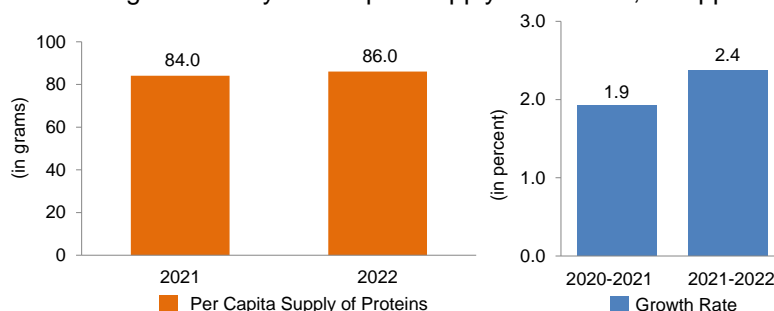


Source: Philippine Statistics Authority

Proteins

The daily per capita supply of proteins was estimated at 86.0 grams in 2022, which was higher by 2.4 percent compared with estimated 84.0 grams in 2021. The major sources of proteins were cereals and products (excluding beer) with daily per capita supply of 40.2 grams and meat (slaughtered) and products with 17.7 grams, which shared 46.7 percent and 20.5 percent, respectively. (Figure 2, and Tables 1 and 2)

Figure 2. Daily Per Capita Supply of Proteins, Philippines

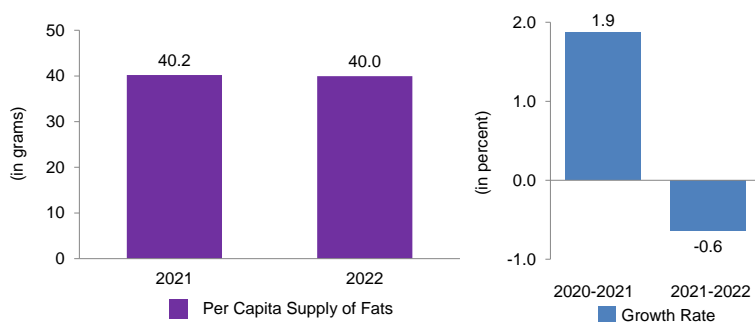


Source: Philippine Statistics Authority

Fats

The daily per capita supply of fats in 2022 was recorded at 40.0 grams, which was -0.6 percent lower compared with the previous year's level. Meat (slaughtered) and products, which shared 28.6 percent to the total fats supply, was the major source of fats at 11.4 grams. This was followed by vegetable oils and products at 8.2 grams with 20.6 percent share, and cereals and products (excluding beer) at 4.8 grams with 12.0 percent share. (Figure 3, and Tables 1 and 2)

Figure 3. Daily Per Capita Supply of Fats, Philippines



Source: Philippine Statistics Authority

The FBS of the Philippines is an annual publication of the Philippine Statistics Authority (PSA). The R-Shiny tool compiling system was used to generate the 2020 to 2022 FBS. The statistical tables cover the reference period 2020 to 2022, while the highlights focus on the 2022 data.

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Attachments:

1. *Full Report, 2020 to 2022 Food Balance Sheets of the Philippines*
2. *Infographics, 2022 Food Balance Sheet of the Philippines*